

Elevate

with
Sri Vidhya

Elevate within, Lead beyond!



CORPORATE TRAININGS

Elevate Emerging Leaders
– Empowering Future
Leaders Today!



Hello! I am **Srividhya**

I am your Corporate Coach, Mentor, Trainer

An alumni of IIM, a corporate professional for 17 years, and a certified Life coach, I have managed larger Project teams, ensuring a warm open workplace filled with trust so that the team members thrive in that environment and get groomed for next roles to be taken seamlessly.

I will be able to help you as well to unlock true potential and groom you to be the Future Leaders of the Corporate World.



elevatewithsrividhya@gmail.com



Whatsapp @ 8310287620 ; Instagram: Elevate with Srividhya

“NextGen Leader Bootcamp”– Program Structure

Sessions	Module	What is covered
Session 1	Foundations of Leadership	Understanding what leadership means today Differentiating managing tasks vs. leading people
Session 2	Communication and Trust-Building	Active listening, credible communication, and feedback styles Shaping organizational culture through personal leadership
Session 3	People Management Essentials	Building team cohesion, role clarity, and accountability Delegation, feedback, and one-on-one check-ins
Session 4	Calculated Risk & Innovation	Making risk-informed decisions tied to team and business outcomes Leading change with empathy and clarity

Outcome: Participants emerge as confident, emerging managers who lead through influence—not authority—effectively delegate, inspire their teams, and make strategic, risk-informed decisions.

Promise: We promise budding managers of your organization will gain the leadership skills to elevate team performance and readiness and also equipping them to manage people with empathy, execute growth-driven risks, and inspire with credibility.

“Emotional Agility Bootcamp”– Program Structure

Sessions	Module	What is covered
Session 1	Understanding Emotions & Triggers	Understanding what leadership means today Differentiating managing tasks vs. leading people
Session 2	Empathy & Emotional Insight	Developing deeper empathy for self and others Enhancing team rapport, loyalty, and collaboration
Session 3	Emotional Regulation & Resilience	Techniques for adapting emotional responses under pressure Emotional agility as a foundation of resilience and clarity
Session 4	Communication and Psychological Safety	Fostering open dialogue, trust, and inclusive environments Resolving conflict with emotional agility and mutual understanding

Outcome: Participants strengthen emotional awareness and adaptability—enhancing team trust, communication, and performance while managing stress and conflict with composure.

Promise: We promise leaders of your organization will emerge with emotional mastery—harnessing empathy and self-regulation to elevate team dynamics, resolve tensions effectively, and create a workplace culture rooted in trust and psychological safety.